# HNM: TOTAL RECON

## Headless Compession Screw 4.5 / 6.5

Titanium or Stainless Steel

Cannulated Headless Design

**Multiple Thread Options** 

Torx Driver

Sterile and Non-Sterile Options

Simple Instrumentation

**ORION Screw System** 

## **Table of Contents**

Introduction	Features and Benefits	4
	Indications and Contraindications	5
	Warnings and Potential Risks	6
	Precautions	7
Surgical Technique	Preparation	8
	Determine Screw Length	9
	Pre-Drilling	10
	Countersinking	11
	Insertion and Compression	12
	Removal	13
Product Information	Implants	14
	Instruments	16
	Sterilization	18



## **Features and Benefits**

The comprehensive HNM Total Recon Headless Compression Screw was designed to provide a superior level of stable compression. The compression Screw exhibits the following advantages:

- Multiple thread length options
- Tapered Head to deliver maximum compression
- Cannulation to allow for precise insertion using a guidewire
- Sterile and non-sterile packaging options
- Screws contain self-drilling and tapping features





#### Indications

The HNM Total Recon Trauma Screws are indicated for use in bone reconstruction, osteotomy, arthrodesis, joint fusion, fracture repair, and fracture fixation of bones appropriate for the size of the device. Screws are intended for single use only.

#### Contraindications

The implant should not be used in a patient who has current, or who has a history of:

- Local or systemic acute or chronic inflammation;
- Active infection or inflammation;
- Suspected or documented metal allergy or intolerance

CAUTION: Federal Law (USA) restricts this device to sale by or on the order of a physician.



## Warnings and Potential Risks

The HNM Total Recon Implants are designed for single patient use only and must never be reused. As with all other orthopedic implants, the HNM Total Recon components should never be re-implanted under any circumstances.

The HNM Total Recon implants can become loose or break if subjected to inceased loading. Factors such as the patient's weight, activity level and adherence to weight-bearing or load-bearing instructions can affect the implant's longevity. Damage to the weight-bearing bone structures caused by infection can give rise to loosening of the components and/or fracture of the bone.

Serious post-operative complications may occur from the implant in a patient who; lacks good general physical conditions; has severe osteoporosis, demonstrates physiological or anatomical anomalies; has immunological responses, sensitization or hypersensitivity to foreign materials; systemic or metabolic disorders.

These warnings do not include all adverse effects which could occur with surgery, but are important considerations specific to metallic devices. The risks associated with orthopedic surgery, general surgery and the use of general anesthesia should be explained to the patient prior to surgery. See the PRECAUTIONS section for additional warnings.



## **Precautions**

The implantation of screw systems should be performed only by experienced surgeons with-speifics training in the use of this screw system because this is a technically demanding procedure presenting a risk of serious injury to the patient.

Under no circumstances should damaged components or surgically excised components be used. Implants that have already should in contact with body flids or body tissues must not be resterilized. The HNM Total Recon Trauma Screw Sytem should never be used with dissimilar materials. Preoperative assessment of the suitability of the patient's anatomy for accepting implants is made on the basis of X-rays, CT scans and other radiological studies.

Only patients that meet the criteria described in the Indications for Use section should be selected. Corect selection of the implant is extremely important. The morbidity as well as patient weight height, occupation and/or degree of physical activity should be considered.

Proper implant handling before and during the operation is crucial. Handle the implant components properly. Ensure packaging integrity. Do not allow the implants surfaces to be damaged. Adequately instruct the patient. The physician should inform the patient about orthopedic implant advantages and disadvantages, post-operative limitations, weight/load bearing stresses which could affect bone healing, implant limitations, and the fact the premature physical activity and full weight/load bearing stresses have been implicated in premature loosening, damage and/or fracture of orthopedic prostheses.

IMPORTANT: The guidewires included in the HNM Total Recon Trauma Screw System are not intended as implants. The guidewires are only intended for use as instruments to facilitate screw insertion.



## **Preparation**

STEP 1 - Preparation & Insertion of Guidewire

Dissect a clean approach to the desired region of the bone where the compression screw will be inserted.

Select the correct guidewire and tissue protector for the chosen screw diameter. (Table 1)

Align the guidewire end of the tissue protector in the direction of screw insertion. Feed the guidewire through the tissue protector and advance it into the bone. Continue advancing the guidewire until it reaches the distal pole of the desired compression region.

Fluoroscopy should be continuously used to ensure correct guidewire position, alignment and depth. Do not remove guidewire. (Figure 1A and 1B)





#### TABLE 1 - GUIDEWIRE AND TISSUE PROTECTOR SIZING

Screw Diameter Guidewire Diameter		Tissue Protector Size
Ø4.5mm	Ø1.6mm (6")*	1.6mm x 3.0mm
Ø6.5mm	Ø2.0mm (9")*	2.0mm x 4.5mm

\* - Contained in Guidewire Dispenser



## **Determine Screw Length**

#### STEP 2 - Determine Screw Length

Select the correct depth gauge for the chosen screw diameter. (Table 2)

Feed the slimmer end of the depth gauge over the guidewire and place it flush against the bone.

Record the measurement at the distal end of the guidewire to determine the depth. This depth should be used to determine the length of the corresponding screw.

Do not remove guidewire. (Figures 2A and 2B)

Note: Selection of a shorter length screw may be appropriate based on patient anatomy and compensation for compression of the fracture gap.





#### TABLE 2 - GUIDEWIRE AND DEPTH GAUGE SIZING

Screw Diameter Guidewire Diameter		Depth Gauge Size
Ø4.5mm	Ø1.6mm (6")*	6" Depth Gauge
Ø6.5mm	Ø2.0mm (9")*	9" Depth Gauge

\* - Contained in Guidewire Dispenser



## **Pre-Drilling**

#### STEP 3 - Pre-Drilling

Select the correct drill size for the chosen screw diameter. (Table 3)

Slide the drill through the tissue protector and over the guidewire.

Advance the drill tip through the bone to the distal pole of the desired compression region or flush with the tip of the inserted guidewire.

Fluoroscopy should be continuously used to ensure correct drill alignment and depth. Back the drill out of the bone once the desired depth has been reached. (Figures 3A and 3B)

Note: Drilling is optional due to the self-drilling flute feature of these screws. Drilling is beneficial for dense bone, as the axial force of self-drilling could distract the fragments of the compression site temporarily.





#### TABLE 3 - GUIDEWIRE AND DRILL SIZING

Screw Diameter Guidewire Diameter		Drill Diameter
Ø4.5mm Ø1.6mm (6")		Ø4.5(6")
Ø6.5mm	Ø2.0mm (9")	Ø6.5 (9")



## Countersinking

#### STEP 4 - Countersinking

Select the correct countersink for the chosen screw diameter. (Table 4)

Connect the countersink to the modular handle us ing the quick connection. Pass the countersink over the guidewire.

Advance the countersink tip into the bone by applying pressure and repeatedly rotating the countersink construct back and forth until the black line is no longer visible.

The black line on the countersink represents the height of the screw head. (Figures 4A and 4B)





#### TABLE 4 - GUIDEWIRE AND COUNTERSINK SIZING

Screw Diameter Guidewire Diameter		Countersink
Ø4.5mm	Ø1.6mm (6")	4.5 Screw Countersink
Ø6.5mm	Ø2.0mm (9")	6.5 Screw Countersink



## Insert Screw and Apply Compression

STEP 5 - Insert Screw and Apply Compression

Select the correct driver size for the chosen screw di ameter. (Table 5)

Pass the screw over the guidewire. Using the driver, advance the screw into position. (Figure 5A)

Compression is applied by continuously rotating the driver clockwise until all screw threads have passed into the distal fragment. Compression cannot be achieved if the screw threads bridge the fracture gap.

Fluoroscopy should be used continuously to ensure correct positioning of the screw.

Use a two-finger approach when driving the screw in order to prevent over tightening or stripping. Ad vance the screw into the bone until the head of the screw sits just below the surface of the bone. (Figure 5B)

Remove the guidewire.





#### TABLE 5 - GUIDEWIRE AND DRIVER SIZING

Screw Diameter	Guidewire Diameter	Driver Size
Ø4.5mm Ø1.6mm (6")		T15 Torx Driver
Ø6.5mm	Ø2.0mm (9")	T25 Torx Driver



## Removal

#### Removal

The screw may be removed by using drivers indicated in Table 5.

Clear any tissue overgrowth from the screw head recess. Insert the driver and turn counterclockwise .

If alignment is diffcult, a guidewire (Table 5) may be inserted through the screw cannula to facilitate driver alignment.





### Screw - Ø4.5mm



#### NOTES:

#### Thread Length

Short Thread= 25% Total Length Long Thread= 40% Total Length Full Thread= Total Length - 11mm

## Sterile Implants are denoted with an "-S" after the Part #

Standard in Non-Sterile Tray

Longth	Ø4.5mm Headless Cannulated Screw			
Length	Short	Long	Full	
20	HTR-04-450120	HTR-04-450220	HTR-04-450320	
22	HTR-04-450222	HTR-04-450322	HTR-04-450422	
24	HTR-04-450324	HTR-04-450424	HTR-04-450524	
26	HTR-04-450426	HTR-04-450526	HTR-04-450626	
28	HTR-04-450528	HTR-04-450628	HTR-04-450728	
30	HTR-04-450630	HTR-04-450730	HTR-04-450830	
32	HTR-04-450732	HTR-04-450832	HTR-04-450932	
34	HTR-04-450834	HTR-04-450934	HTR-04-450134	
36	HTR-04-450936	HTR-04-451036	HTR-04-450236	
38	HTR-04-451038	HTR-04-450138	HTR-04-450338	
40	HTR-04-450140	HTR-04-450240	HTR-04-450440	
42	HTR-04-450242	HTR-04-450342	HTR-04-4505442	
44	HTR-04-450344	HTR-04-450444	HTR-04-4506464	
46	HTR-04-450446	HTR-04-450546	HTR-04-450746	
48	HTR-04-450548	HTR-04-450648	HTR-04-450848	
50	HTR-04-450650	HTR-04-450750	HTR-04-450950	
52	HTR-04-450752	HTR-04-450852	HTR-04-451052	
54	HTR-04-450854	HTR-04-450954	HTR-04-450154	
56	HTR-04-450956	HTR-04-451056	HTR-04-450256	
58	HTR-04-451058	HTR-04-450158	HTR-04-450358	
60	HTR-04-450160	HTR-04-450260	HTR-04-450460	
65	HTR-04-450265	HTR-04-450365	HTR-04-450565	
70	HTR-04-450370	HTR-04-450470	HTR-04-450670	
75	HTR-04-450475	HTR-04-450575	HTR-04-450775	
80	HTR-04-450580	HTR-04-450680	HTR-04-450880	
85	HTR-04-450685	HTR-04-450785	HTR-04-450985	
90	HTR-04-450790	HTR-04-450890	HTR-04-451090	
95	HTR-04-450895	HTR-04-450995	HTR-04-450195	
100	HTR-04-450900	HTR-04-451000	HTR-04-450200	
105	HTR-04-451005	HTR-04-450105	HTR-04-450305	
110	HTR-04-450110	HTR-04-450210	HTR-04-450410	



## Screw - Ø6.5mm



#### NOTES:

#### <u>Thread Length</u>

Short Thread= 25% Total Length or 4mm Long Thread= 40% Total Length Full Thread= Total Length - 15mm

## Sterile Implants are denoted with an "-S" after the Part #

Standard in Non-Sterile Tray

Longth	Ø6.5mm Headless Cannulated Screw			
Length	Short	Long	Full	
30	HTR-04-650130	HTR-04-650930	HTR-04-651730	
32	HTR-04-650232	HTR-04-651032	HTR-04-651832	
34	HTR-04-650334	HTR-04-651134	HTR-04-651934	
36	HTR-04-650436	HTR-04-651236	HTR-04-652036	
38	HTR-04-650538	HTR-04-651338	HTR-04-650138	
40	HTR-04-650640	HTR-04-651440	HTR-04-650240	
42	HTR-04-650742	HTR-04-651542	HTR-04-650342	
44	HTR-04-650844	HTR-04-651644	HTR-04-650444	
46	HTR-04-650946	HTR-04-651746	HTR-04-650546	
48	HTR-04-651048	HTR-04-651848	HTR-04-650648	
50	HTR-04-651150	HTR-04-651950	HTR-04-650750	
52	HTR-04-651252	HTR-04-652052	HTR-04-650852	
54	HTR-04-651354	HTR-04-650154	HTR-04-650954	
56	HTR-04-651456	HTR-04-650256	HTR-04-651056	
58	HTR-04-651558	HTR-04-650358	HTR-04-651158	
60	HTR-04-651660	HTR-04-650460	HTR-04-651260	
65	HTR-04-651765	HTR-04-650565	HTR-04-651365	
70	HTR-04-651870	HTR-04-650670	HTR-04-651470	
75	HTR-04-651975	HTR-04-650775	HTR-04-651575	
80	HTR-04-652080	HTR-04-650880	HTR-04-651680	
85	HTR-04-650185	HTR-04-650985	HTR-04-651785	
90	HTR-04-650290	HTR-04-651090	HTR-04-651890	
95	HTR-04-650395	HTR-04-651195	HTR-04-651995	
100	HTR-04-650400	HTR-04-651200	HTR-04-652000	
105	HTR-04-650505	HTR-04-651305	HTR-04-650105	
110	HTR-04-650610	HTR-04-651410	HTR-04-650210	
115	HTR-04-650715	HTR-04-651515	HTR-04-650315	
120	HTR-04-650820	HTR-04-651620	HTR-04-650420	



## Instruments

Guidewire

HTR-04-009104 HTR-04-009206 Ø1.6mm Guidewire (6") Ø2.0mm Guidewire (9"

Guidewire Dispenser\*

HTR-04-0093531.6mm Guidewire Dispenser (6")HTR-04-0094552.0mm Guidewire Dispenser (9")

#### **Tissue Protector**

HTR-04-009527 HTR-04-009630 Tissue Protector 1.6mm x 3.0mm Tissue Protector 2.0mm x 4.5mm

#### Depth Gauge

HTR-04-009735 HTR-04-009736 6" Depth Gauge 9" Depth Gauge



TOTAL RECON

## Instruments

#### Drill

HTR-04-139866 Ø3.0 HTR-04-149909 Ø4.5

Ø3.0mm (6") Drill Ø4.5mm (9") Drill

#### Countersink

HTR-04-009143 HTR-04-009247 4.5 Screw Countersink6.5 Screw Countersink

#### Torx Driver

HTR-04-009312 T15 (& HTR-04-009413 T25 (&

T15 (Ø1.6) Torx T25 (Ø2.0) Torx

#### Handle

HTR-04-009509 Ratcheting AO Handle

#### Tray and Caddy

HTR-04-009600Common Tray BaseHTR-04-0196044.5 Tray InsertHTR-04-0197056.5 Tray InsertHTR-04-0198064.5 / 6.5 Screw Caddy







## **Sterilization**

The HNM Total Recon Headless Compression Screw implant is provided either sterile or non-sterile. All sterile implanys will be clearly marked "STERILE". The sterile implant is gamma radiation sterilized. The package should be inspected prior to use to ensure the sterile barrier has not been compromised. Do not re-sterilize. Where specificed, do not use the device after expiration date. the device after expiration date.

The HNM Total Recon Headless Compression Screw non-sterile implants and instrumentation are provided non-sterile and must be sterilized prior to use. All packaging materials must be removed prior to use.

The following steam sterilization parameters are recommended:

Cycle: Pre-Vacuum Temperature: 270°F (132°C) Time: 4 minutes Drying time: 20 minutes NOTE: Allow For Cooling

Consult the HNM Total Recon Headless Compression Screw Package Insert for additional cleaning and sterilization instructions.

Individuals not using the recommended method temperature and time are advised-to val idate any alternative methods or cycles using an approved method or standard.

